



## Samoa Run Festival 2018 PROGRAMME



**SAMOA**  
EVENTS

In association with Samoa Events  
we are proud to be NZ Travel Partners

### 2018 Run Festival

#### Thursday, 28th June

##### FALEFA FALLS RUN

Kick off the Run Festival with one of the most popular local run routes at Falefa Falls. Starts and Finishes at the Falls Bridge with scenic views over Falefa Bay.

**Start:** 7:00am

**Distances:** 10kms / 6kms / 4 kms

**Accommodation:** Le Uaina Seaside Lodge

#### Friday, 29th June

##### ALEIPATA MILE

For those who like swim/run, we can do both. 1mile run is from the Wharf at Satittoa to the Namu'a Island jetty. If you have your fins, we can swim to Namu'a Island. It's a magical spot, a lone island with a dead gorgeous beach a short distance from the mainland. You might even see a turtle in the crystal clear water to the island.

**Start:** 4:00pm

**Distance:** 1.6kms

**Accommodation:** Tafua Beach Fales

#### Saturday, 30 June

##### LALOMANU HALF MARATHON

All races start and finish at Taufua Beach Fales at beautiful Lalomanu Beach on our popular Out and Back course. Nice choice of distances to suit all stages of runners.

**Start:** Half 7:00am, 10km, 6km and 4km start 8:00am

**Distance/Courses:** HALF: Lalomanu to Aufaga Village return

10KM: Lalomanu to Salepaga return

**Accommodation:** Tafua Beach Fales

#### Sunday, 01 July

##### FREE DAY

Transfer today to Monono Island for a restful afternoon, enjoy the remote and quietness of this lovely little Island.

**Accommodation:** Sunset View Chalets, Monono Island

#### Monday, 2nd July

##### MANONO ISLAND RUN

A quick visit to Manono Island to run / walk the entire perimeter. No cars, no motorised bikes, dogs not allowed- only People! We lunch here (included), then catch the short ride back to the mainland in time for the 4pm ferry to Savai'i.

**Start:** Before Lunch and timed to catch the last ferry to Savaii at 4pm.

**Minimum numbers:** 5

**Distance:** 6kms

**Accommodation:** Lusia's Chalets & Lagoon

## Tuesday, 3rd July

### TAGA BLOW HOLES - RAINBOW RUN

For the first time, we will have a run that will finish at the Taga Blow Holes. And depending on the wind and tide, we may even get a thousand rainbows as you run the last 1km of the coastal road to finish at Alofa'aga Blowholes. This is a unique run.

**Start:** Afternoon (TBA).

**Distance:** 10km / 6km / 4km All road except for the last 1.5km

**Accommodation:** Vaimoana Seaside Lodge Run Entry: \$40

## Wednesday, 4th July

### FALEALUPO SUNSET RUN

Another unique run that will take you to the other end of Savaii where the sun sets. There are a lot of historical features here, Moso the Giant footprint, Chair of the Sauali'i, Cape Mulinu'u where Spirits depart this life.

**Start:** 4:00pm for 6:15pm sunset and swim on full tide at the best beach in Samoa.

**Distances:** 12km / 6kms

**Accommodation:** Vaimoana Seaside Lodge (option to overnight at Falealupo Beach)

## Thursday, 5th July

### ASAU HARBOUR RUN

This is the best harbour in Samoa on the north end of Savai'i. It takes in the beautiful villages of Vaisala, Auala, and Asau. We run past the big water spring in the village to finish at the unused wharf on the far end.

**Start:** Before Breakfast (included)

**Distance:** 5.5km

**Accommodation:** Tanu Beach Fales

## Friday, 6th July

### LEGEND TO LEGNED

Run from Dwarves' Cave to Mataolealelo Pool

Discover the origins of two legendary tales: Dwarve's Cave and the pool where Sina and the Eel became friends. This is the coldest water in Samoa fresh from the belly of the earth for the end of your run.

**Start:** TBA

**Distance:** 6.6km

**Accommodation:** Tanu Beach Fales

## Saturday, 7th July

### LE LAVA HALF MARATHON

The beautiful coast of north Savaii provides white sandy beaches, very little traffic and good roads. Join us for the 2nd year of the Le Lava Half Marathon. Out and Back course start and finish at Tanua Beach Fales in Manase Village via the Sale'aula Lava Fields.

**Start:** Half 6:30am 10km 7:30am 6km 8:45am

**Distance/ Courses:** HALF: Manase to Mauga Village and return via Sale'aula Lava Fields  
10KM: Manase to Sale'aula Village and return  
6KM: Manase to Le Lagoto Resort and return

**Accommodation:** Tanu Beach Fales

AWARDS DINNER TONIGHT !!